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- Jill Ellis

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-COMMITTEE CHAIRS

Audit

- Teresa Koe

Block of the Month

- Eileen Peacher

Community Outreach

- Barb McClure

- Carol Berge

Email

- Mici Wiggins

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- Pam Elliott

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- Nita Leiser

Raffle Quilt (2011)

- Jean Snedden

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- Gail Woods

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- Janine Walker

Sunshine

- Colleen Linstead

Telephone

- Margaret Mortenson

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- Agnes Rischard

President's Pieces

Lines from Linda

Several years ago I saved one of those daily sayings that comes on inspirational calendars. It says, "*May your day be rich with joy, sweet memories, and the anticipation of all things wonderful.*" (If I have shared this saying with you in the past, I apologize. I can't always remember what I have shared with whom.) This little quote has carried me through many days when it seems as if everything that could go wrong has. Just reading this slip of paper has turned my thinking around and made many days go better. It is my hope that it also helps you have great days in the future. (I'm not sure why I thought it was important to put this in my President's Piece, but someone in CQ probably needs to be reminded. May it help you get through today's challenges.)

Anyway, on to other things. June was a fantastic month. The Community Outreach sewing night was a complete success. We managed to get a lot of work done in a short amount of time. The productivity and the laughter were a good combination. And just imagine, we get to do this again in August. How many lap quilts will we be able to finish? Can hardly wait and see.

Then there was the Tea among the Roses at Kathy Wyckoff's house. What fun! The weather was glorious, the setting spectacular, and laughter contagious. The hat contest was a lot of fun. The creativity was amazing. There were hats with lace, flowers, sewing notions, ribbons, netting, and bows to name a few. And the food, as usual, was incredible. I can now say that I have tasted cucumber sandwiches and lemon curd – two things I have always wanted to try but never had the opportunity. I will definitely have these again!

Now it is time to head to the Meadow for sewing and relaxation.

Until next month, Linda

Multi-Service Center donations for August will be women's hygiene items, larger size (3-5) baby diapers, and baby formula (these items are always needed).

General monthly donations should be baby items, candles, children's books, general food items, paperback books for adults.

THANK YOU



Newsletter Contributors

Linda Hill

Mici Wiggins

Barb McClure

Carol Berge

Pam Elliott

Cathy Norgaard

Kathy Wyckoff

Barb McClure

Marianna Garrett

This is YOUR newsletter. If you have something you'd like to contribute, please email me (jillzquilts@hotmail.com) or send it to me (P.O. Box 4243, Federal Way 98063) by the 15TH of the month. Thanks! jill

UFO Challenge 2010-11 – Diane Kellar

These are the current guidelines for the UFO Challenge. If anyone has suggestions for ideas for something different or additions, please let me know before July 22. I reserve the right to change the guidelines before July 31, 2010.

Project must have been started prior to June 2010 and completed by April 21, 2011.

- Project start date is the date CQ member began work on the project.
- "Started" means some progress has already been made. Simply buying fabric/patterns doesn't qualify as a UFO.
- Total outside perimeter must be at least 54 inches.
- "Finished" means that quilting and binding are done. Embellishments are optional.
- UFO Entry forms should be submitted when project is shown during "Show 'n' Tell at business meetings.
- Entry forms may be submitted with a picture of completed project (if project is not be available for show 'n' tell)
- UFO projects other than quilts are eligible for entry if project has at least 6 hours labor involved in completion.
- Have fun. Get creative.

What Kind of Material is This? – Eileen Peacher / Jill Ellis (answers elsewhere in the newsletter)

- | | |
|--------------------------------------|--|
| 1. Alpine yodeler with measles | 10. _____ Suzette |
| 2. Keyboard musical instrument + "D" | 11. Multi-colored kitty |
| 3. Lemon _____ pie | 12. Lion's home + "M" |
| 4. Part of the face + "let" | 13. Says "quack, quack" |
| 5. Chain store + candy-on-a-stick | 14. What you did to protest in the 1960s |
| 6. Crayon minus "C" | 15. Inside a dog's mouth |
| 7. Baa baa black sheep | 16. One of Cinderella's stepsisters |
| 8. Army bed + 2000 lb | 17. A Country singer, Brad _____ |
| 9. Wide material | 18. Fake + donkey noise |

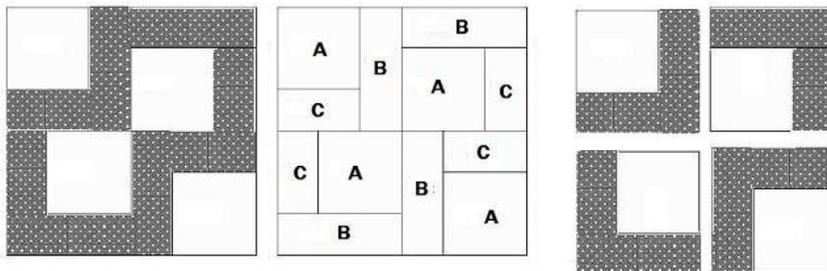
Community Service Block for July: Patience Corner – Carol Berge

The June kits did not get distributed to our members, so will be using the same pattern and kits for our July BOM. I have changed the pattern to reflect a new due date. This pattern is also available on our website, www.quiltersfedway.com.

Just a little reminder, I will accept all blocks submitted with the BOM pattern, if you do not have the colors suggested, that's ok, your blocks will be gladly accepted and will be put in a sample quilt with like colors, if possible. Or we'll take any orphan block, for that matter.

This is a very simple pattern and can be partially strip pieced. I used this pattern at retreat and made 2 child lap quilts. I had some difficulty because I used directional fabrics; other than that they work up fast. So please submit your blocks to be eligible for the drawing. Each and every block that you submit using your stash will be eligible for the drawing, usually a fat quarter.

Thanks so much for your continued support in making Community Service Quilts for our community.



For 1 Block = 12 1/2 unfinished

Pastel Floral Print

† Beige Print

A: 4 4 1/2"

Cream-on-Cream

Dark Red Tonal

B: 4 2 1/2" x 6 1/2"

C: 4 2 1/2" x 4 1/2"

**Sew Fabric A to Fabric C
Sew Fabric B to A/C units
Sew units together as shown above**

Block due back at August 26 Business Meeting

Please call Carol Berge, 253-859-8913, if you need assistance constructing your block. Thank you.

IMPORTANT: Please square up your finished block to be sure it is 12 1/2" If it is larger or smaller, check your seams and redo if necessary.....thank you very much

Quilt Buddy Program – Jill Ellis

Think back to the first Crazy Quilters meeting you came to. Did you know anyone there, or were you walking in “cold,” with no friends waiting for you inside? Remember how, as a new member, you’d listen to committee reports and other information given out at the Business Meeting and think, “Huh? What are they talking about?” Well, I want to keep any new members from having those thoughts and unsure feelings when they come to a guild meeting. That’s why I created this Quilt Buddy program, so senior members can explain to a new member how things work, introduce her to other members, and help her feel comfortable.

We have two new members who need a Quilt Buddy right now. Please see me to volunteer. This will be a rewarding experience for new and old members alike!

Community Outreach – July 2010 – Barb McClure

I’ve just returned from our July Retreat. I almost missed it by 1 week. Thankfully I was “clued in” the night before at our club meeting – oops!).

If you’ve never gone to one of our retreat weekends with Crazy Quilters you’ve been missing a lot of fun and camaraderie. We have “show and tell” of what you have been working on lately. Many of us have over the years asked for suggestions, new ideas, helpful hints and opinions (we’re really good on the last one). Someone in the group may have a new (or old) idea on a design or technique to show. One thing that is fun is when a quilter will lay her blocks on the carpet, we all stand around and one of us will say “What if you switch this block with that other block and the blocks get moved around until the design looks “just right” and the quilter is satisfied.

I overheard a funny story about a group of Quilters who were working in several groups around the room, all in the process of showing how a quilt is made. One of the onlookers was an elderly gentleman who was walking around watching all these ladies doing this work. He finally stopped and asked one of the ladies what they were doing, and he was told “we’re doing Community Services work.” He continued watching them work with a very perplexed look on his face. Finally, he couldn’t stay quiet any longer and walked over to the same lady and asked “Whatever could you have possibly done!” I guess he thought the ladies were a bunch of felons doing “community service” for our penalty!

Thank you once again for the completed quilt tops you’ve been turning in. Between the quilt meeting on July 8 and the retreat July 9-11, we received 17 tops. Don’t stop, we still have a large group of residents to give these laptop quilts to. The finished size is flexible. Make them at least 42” square, or longer, up to 52” long. It would be terrific if you would tie or machine quilt them. Otherwise they may never get completed. You’ll definitely be on the Dean’s List if you would cut 5 strips of binding fabric 2-1/2” wide by 42” long, then join, press in half and place it in a plastic baggie and attach to the quilt top with a pin.

Here’s an idea: you can make the top and binding and find a “buddy or two” to do the next steps. This way our club works together and we get the job done! Let us know how you feel about this, or better yet, like they say, “Just Do It!”

Just when you think all the “good stuff” is gone, an Angel will appear on the doorstep (or beside my sewing chair at the retreat) with 2 large shopping bags stuffed with great fabric all folded neatly. This time our Angel was Mici Wiggins! Now Mici has the pleasure of “going shopping for NEW STUFF”! Any other Angels may apply to make a miracle happen by giving “great stuff” for our stash!

Remember, this August we will start stuffing Christmas stockings for the Emeritus residents Christmas gifts from our members. We have tube socks, travel-size toiletries and a deck of cards to go into them.

Until next time, stay well, drive safe and keep quilting.

Secret Pal Program

We have 16 people participating in this fun activity, and everyone should now have the information sheet about their Secret Pal. Remember to bring your gift for your Pal to the Business Meeting each month (we only have one meeting in November and December, so you’d bring your gift to those meetings). I will have a place set up for everyone to leave their items; please make sure your gift is clearly marked so each person will know which gift is hers. We will have the reveal in January 2011. I’m already compiling a list of things that my Secret Pal will hopefully like!

Places to Go . . . Quilts to See!

How about a road trip? Near or far, there's a trip for you.

WHEW! Lots of fun places to visit in the upcoming months ...



May 5-August 1: White River Valley Museum will honor the art and history of making lace with "Household Lace Adds Charm to Your Place: An Exhibit of Historic Bed, Bath, Table and Kitchen Lace." 918 "H" Street SE, Auburn. Open Wednesday through Sunday, noon to 4 p.m. Admission \$2, \$1 for seniors and children; free on Wednesdays and the 4th Sunday of the month. The Museum's number is 253-288-7433. www.wrvmuseum.org.

June 17-September 11: 1930s Quilting & Today, sponsored by Westside Quilters Guild. This is a joint exhibit with Washington County Museum featuring quilts, tools, and more from the 1930s, as well as current versions from the museum's collection. Admission \$3. 17677 NW Springville Road, Portland OR 97229. Info 3toad@housesloth.com.

June 30-September 26: All that Blooms and Japanese Textiles, La Conner Quilt & Textile Museum, 703 South Second Street, La Conner WA. Wed-Sunday, 11-5. www.laconnerquilts.com.

July 30-August 1: "Back to the Future," sponsored by Busy Bee Quilters. Demos, raffle quilt, challenge quilts, doll quilts, vendors. Monroe High School, 17001 Tester Road, Monroe WA. Friday 10-8, Saturday 10-6, Sunday, 10-4.

July 30-October 31: Annual Heritage Quilt Festival at Fort Walla Walla Museum, 755 Myra Road, Walla Walla WA. Special exhibit of museum's 90+ heritage quilts and coverlets. Museum hours are 10-6 daily, admission \$7 adults, \$6 students and seniors, \$3 for children 6-12. Info www.fortwallawallamuseum.org.

August 6-7: Quilt Show sponsored by Willapa Harbor Quilters, Raymond High School, 1016 Commercial Street, Raymond WA 98577. Look for the Quilted Car (!!!) out front. Featured quilter and vendors, no admission. Friday 10-5, Saturday 10-4.

August 6-7: 20th annual Quilts by the Sea, sponsored by Oregon Coast Quilter's Guild, 225 SE Avery Street, Newport, OR. Over 200 quilts, raffle quilt, small auction quilts, member boutique, vendors, demonstrations, door prizes. Admission \$5, Info jimjane2@hotmail.com.

August 7: "1930's Revisited," sponsored by Deer Park Fat Quarter Quilters, Clayton Grange, 4478 Railroad Ave, Clayton WA. Raffle quilt, door prizes, and harpist Donna Jo. Info, cabinfeverquilter@dishmail.net.

August 7-8: "100 Years of Pomeroy Quilts"; Pomeroy Living History Farm presents its 15th Annual Quilt Festival, featuring historic and new quilts displayed throughout the property, from barn to blacksmith's shop and log house to garden. Quilt shop vendors, farm activities, antique farm equipment demo. 20902 NE Lucia Falls Road, Pomeroy WA. Saturday 10-5, Sunday 1-5. Adult admission \$6, children 3-11 \$4. Info www.pomeroyfarm.org or 360-686-7537.

August 12-15: Association of Pacific West Quilters (used to be Association of Pacific Northwest Quilters) Summer Symposium. Evergreen State College Campus, Olympia. The Pacific West Quilt Show will be held in 2011, rather than this year; the new home will be the Tacoma Convention Center. info www.apwq.org or email info@apwq.org.

August 27-29: 2nd Annual Crazy for Quilts Show, "It's a Family Tradition," sponsored by The Crazy Quilt Shop, 104 East Pennsylvania Avenue, Roslyn WA. Featured quilter is LuAnn Kessi. Friday Night Fabric Art Walk with live music 5-9 p.m.; Saturday's Main Event Quilt Festival and Show, 9-5; Sunday, 10-2. Info 509-649-3777 or crazyquiltshop@hotmail.com.

September 16-18: Columbia River Gorge Quilters' Guild Quilt Show, Skamania County Fairgrounds, Stevenson WA. Hours 10-5 daily, admission \$6. Visit website for \$1 of admission price, www.gorgequiltersguild.com.

September 18-19: Pieceful Discoverers Quilt Show at the Aberdeen Museum of History, 111 East Third Street, Aberdeen WA. Demos, bed turning, vendors, door prizes, silent auction, luncheon. Admission \$3.00, Saturday 10-5, Sunday 10-4.

September 23-25: Northwest Quilting Expo, Portland Expo Center, Portland OR. Info www.nwquiltingexpo.com.

September 24-25: "Quilted from the Heart of the Northwest," sponsored by Moonlight Quilters, New Horizon Community Church, 4500 Meridian Street, Bellingham. Friday 9-7, Saturday 9-5. Info www.moonlightquilters.org, Michele 360-305-6246.

October 1-2: "Quilts for All Seasons," sponsored by Ladies of the Lake Quilt Guild. Demonstrations, door prizes, raffle quilt, vendors, country store, and lunch available. This is always a very nice quilt show. New Life Fellowship Church, 2441 42nd Avenue, Longview WA. Friday 9-2, Saturday 9-4. Admission \$5 donation. Info, Nancy Harris, Publicity Chair, rockinthreads@comcast.net.

October 1-3: "A Whale of a Quilt Show!" presented by Sea Pal Quilters, Ocean Shores Convention Center, 120 West Chance A La Mer, Ocean Shores WA. Boutique, vendors, demos. Friday-Saturday 10-5, Sunday 11-3. Free admission, donations welcome.



Thank You! – Marianna Garrett

I wish to extend a heart-felt thank you to the following for helping sew dresses at Retreat. The pillow case sundresses are headed to Haiti this Friday. Barb McClure, Janine Walker, Jean Snedden, Pam Elliot, and Kathy Wyckoff, you're the best.

Mici Wiggins for her generous donation of classy fabric, how timely it was for her to bring. ...I get by with a little help from my friends!



Quilting “Green” – article found at www.how-to-quilt.com/articles/4025-quilting-green.php

Quilters who have an interest in becoming “green” have many products to consider. First of all, remember that quilters who use leftover fabrics to piece together their projects are recycling already. Even if fabrics left over from quilt projects never make it to another quilt top, there’s a chance it will be used for an appliqué or other sewing or craft project.

Thrift shops are also great places to find fabric for quilts. Aside from using up your stash or visiting your local thrift shop, there are other new and exciting ways to become a green quilter. Here are just a few ideas to help you set out on your own path to greener quilting:

* Use organic cotton in your quilting projects. Organic cotton fabrics will cost a little more because more work is required to grow healthy cotton without the use of chemical pesticides. Organic fabrics are easier to find now since the demand for greener textiles has increased.

* Try cotton/bamboo blend fabrics. Again, these fabrics will cost a little more than the typical print or solid you might select for a quilt project, but the bamboo offers great qualities for quilts. Bamboo helps warm in cold weather, but provides a cooling effect during hot weather. Bamboo offers natural moisture wicking, too, and does not absorb odors like other fabrics tend to do.

* If using felt for an appliqué project, use the eco-friendly felt that is made of recycled plastic bottles. One manufacturer says it takes 17 plastic bottles to make enough fiber to make a sweatshirt. The felt feels just like any other you might have used in the past and is a great way to keep plastic bottles out of our planet’s landfills.

There are two concerns to consider with eco-friendly felt. Since the felt is made from plastic bottles, it will melt. Keep that in mind when you plan to iron a project made with eco-friendly felt. The other concern is the amount of lead in the felt. Manufacturers are happy to pass this information along so if you have any question about the lead content in your eco-friendly felt, contact them to ask. You will find that most American distributors of eco-friendly felt meet the federal guidelines regarding lead.

* Use an eco-friendly batting. Yes, they do make them. Like eco-friendly felt, this batting is made from 100 percent recycled plastic bottles. The Quilters Dream Green brand says their recycled batting is not likely to shrink at all when your projects are washed in cold water and air dried.

The company reports a 1% shrinkage when washed in warm water and dried in a warm drier. When you see the green batting, it will literally be green – light green, to be exact. This is because the processes needed to eliminate the color from the product would have made the batting not qualify as a “green” product. There is a website that will send you a free sample of their batting projects, including the Dream Green. Visit the site at www.quiltbug.com/batting/quilt-batting.htm.

* In addition to using batting made from recycled bottles, how about using batting from a sustainable and renewable source, like sheep? Using wool batting instead of the popular polyester is another good way to make a greener effort in your quilting. Bamboo batting and 100 percent organic cotton batting are also good green choices for quilt batting.

While buying green products tends to cost a little more, there are easy and inexpensive ways to become a green quilter, too. Host a thread and stash exchange to eliminate waste. Give your fabric scraps to organizations that make crafts. Use old newspapers to trace patterns onto when you are not making a template. All these little efforts add up to big, green results!

Upcoming Events for Crazy Quilters

| | |
|----------------------------------|---|
| August 12 | Program Meeting: Community service. We are continuing work on the quilts that we started in June for the residents of Emeritus. |
| August 26 | Business meeting: Emeritus 6-7:00 social hour, 7-9:00 meeting (committee reports, Show & Tell, exchanges) |
| Friday Friends (every Friday) | Join several club members every Friday, 10 a.m. to 4:00 p.m. Milton Community Center, 1000 Laurel Street, Milton 98354 Bring your lunch, work on your unfinished projects or start a new one, and have fun with fellow Crazy Quilters. We generally do not meet the Friday before a major 3-day holiday such as July 4, Memorial Day, Labor Day, or if the Community Center is closed. Available for our use: iron and table-top ironing board, large cutting mat and some rulers. |

June 24 Tea and Roses – Submitted by Kathy Wyckoff / Hat Contest Winners submitted by Cathy Norgaard

Well, the Tea and Roses party was a smash . . . the weather was perfect! I had my doubts about that, but someone was looking out for us and I am very grateful. The roses are about a week or two behind this year because of the weather, but we had plenty of color in the garden. As usual the food was phenomenal; everyone stuck to the finger food theme and we had a great mix of savory and sweet . . . oooh, such good food. When we were finishing up, I invited the boys next door to come and have some food; my neighbor boy had two friends with him and they politely fixed themselves a plate and then another plate and seemed to thoroughly enjoy their stay with the ladies and their funny little hats.

Pam, Linda, Claudia (my sister), Michele (my cousin), and I had fun setting up the upper level of our yard. We had white chairs and tables set with floral arrangements. We were able to seat all 38 of us at tables for the feast. It was lovely, all white with pretty flowers all around, lovely and fun hats, and several people wore pretty white gloves.

All in all I believe it was a fun and festive evening...now I am off to bed because I am pooped. Thank you for coming and enjoying the roses and participating in this fun event. Thank you for bringing chairs and tables and your wonderful food. I mustn't forget to thank all who helped tear down and clean up...my dishes are done and my garden is cleaned up and my house looks great...thank you all!

The winners of the Hat Contest were as follows:

Funniest - Barb Lobdell

Ugliest – Claudia Perkins

Most Colorful - Diane Kellar

People's Choice – Kathy Wyckoff

Most Imaginative – Angie Eichholtz

Road Trip: Alaska Vacation – June 2010 – by Jill Ellis

My friend, Lisa, moved to Alaska a year ago to work for Boeing in Anchorage. I've been on an Alaskan cruise, but thought it would be fun to see a bit more of the state, so I went to visit her in June. I worked a 10-hr day, then took a 6 p.m. plane to Anchorage. Lisa picked me up at 9:30 and we set out for Denali National Park. We stopped along the way at this viewpoint, which was when I realized Denali was Mt. McKinley; I had no clue until then. Denali was shrouded with clouds, so we continued on to the hotel near the park. By the time I got to bed, I'd been up 24 hours exactly and it was as bright outside as it was at high noon. (By the way, I found out I'm too old to do a 24-hour day two times in three days—tired doesn't begin to describe it!) The next day we went on a bus tour through the park. We saw bears feeding on grub, moose wandering around, caribou racing across a snow pack, and the most beautiful scenery, just glorious colors in the mountains. Our tour took us 66 miles into the park to the Eielson Visitor Center. Inside this building there was this INCREDIBLE quilt, called Seasons of Denali, 84x144 inches, made by a local quilter named Ree Nancarrow in 2008. It took her a year to make it; she used screen-printing, embroidery, appliqué, painting, and there are 97 different wildflowers, birds, & animals native to Alaska depicted in this quilt. She did it all on her regular sewing machine, including the quilting. I was absolutely blown away and am so inspired, I'm going to find a class on Landscape Quilting . . . which means I'll have to do the "A" word, albeit by machine.

I could talk about the quilt shops I went to in Alaska, or about how I'm sure I'm the only person with matching luggage to ever show up at a youth hostel, or about my ride in a motorcycle sidecar, or about seeing the sun go down and rise mere inches apart on the horizon, or about traveling to the Arctic Circle, but this quilt is all I'll share for now. It is truly spectacular and what a legacy for a quilter to leave!

Seasons of Denali Quilt at Eielson Visitor Center, Denali National Park, Alaska



Closeup of bottom center panel



Quilt Retreat: What a Treat! – Contributed by Kathy Wyckoff

As usual, a wonderful group of women assembled for our summer quilt retreat. We had such a good time. There was a full complement of ladies spending the night and as a bonus we had additional people join us for the day session as well.

There was the usual plethora of colors to enjoy with many quilts in varying stages... running from just the yardage waiting to be cut to almost finished quilts that just needed a binding placed. We even saw some beautiful finished projects. Sue Smith brought several of her art quilts that were wonderful to see...and if you went back to see them again you saw even more detail. Many of these had been on display and she had just gotten them back...wonderful work Sue, thank you for sharing your talent with us.

Marianna Garrett was working on several quilts, thankful for the time to get them finished but in the midst of all that... She took time out of her busy schedule to share directions for (pillow case sun dresses) Haiti dresses, with us. Several of us including Marianna made the cutest dresses for her to deliver to a missionary in Oregon who will hand delivered them to Haiti. These dresses were not made from pillow cases but instead we used regular fabric with cute accent fabric for the hem cuff and tie straps. We were able to get 22 or 23 (can't remember) dress's done for her to take. Marianna and another sewing group she is involved with have sent many many dresses to Haiti.

Pam Elliott created two of the cutest baby quilts for family members. She started with a panel that had 8 ducky squares in it. She split it in half to have two centers for her creations and then she started putting pieced and single fabric boarders. They turned out so cute and she was tickled that she completely finished both of them. She was also able to take a couple of walks to the lake and the last walk she was joined by the resident cat...who walked right along with her, stopping when she stopped and walking when she walked.....so cute, especially from behind. Mr. Kitty was invited in and made himself to home. He would do a drive by rub and wait for a loving petting from the quilters...after a few passes through the room he settled down on the couch in the hall for a long and leisurely nap. Such a friendly cat! We were also visited by Thumper and Bambi this weekend....so cute. The cat took out after the bunnyI am sure the bunny was faster and Bambi still had his spots.

Jean Snedden had so much stuff going on in her corner it was hard to keep up. She has a fabulous sense of color and is a great resource for tips and tricks. She is my go-to person when I am stuck and even when I am not. Carol Berg, Theresa Fancher and Gail Gentry were busy quilters too. Carol made two tops using the community outreach pattern from the June Threads, very pretty and both different from each other even though it was the same pattern. I plan to do something with that pattern next. I must add that Theresa added a lot to the volume to that side of the room. Gail was quiet for the most part but productive with her projects. We heard some good squeals from that table too...something was definitely funny over there.

Mici Wiggins, as usual brought a lot, finished a lot and shared a lot and had a great time with her table mates Janine Walker, Kristi Warren, Merideth Zettner and Gail Shawn (two new friends Janine brought). I know they all had a great time because there were a lot of giggles coming from that end of the room. Meredith and Gail enjoyed a shopping trip to Gee Gee's on Friday and Bayside on Saturday. Mici took them to Bayside and had a great story to tell when they all got back.

Janine was very funny on Friday...it seems she was working on something she really didn't want to work on...it didn't take her long to switch gears. I thought I might get another quilt top (note: a few retreats ago she had a quilt top that she really did not like and I said I loved it...which I did, so she tossed it to me and said 'it's yours'...I was thrilled), but I never saw the top she was working on again...out of sight, out of mind.

Barb McClure and Helen Backer were busy on projects, as was I. Helen worked on a beautiful Roxanne Carter quilt, Barb on Community Service quilts, and as for me, I made 4 Haiti dresses, 2 dresses for my granddaughters and squared up a few more Indian Hatchet blocks using Jean's square-up ruler and rotating mat. Oh, I did leave on Saturday for about 5 hours to judge a rose show in Olympia. I was able to gather up a few blooms to bring back to the retreat per Jean Snedden's request. I placed a large container full of lovely Roses at Jean's table; I figured they wouldn't last long there, as we have a rose thief in our midst. YES, you know who you are. I won't give her up, but the roses quickly ended up on Mici's table. Barb and Helen were the next to receive the bouquet. This was a short retreat so the roses didn't make it on to any other tables, not even mine. I am really glad everyone has such a good time with the roses.

Pat Hightower was very busy trying to figure out what to do with samples she had done in a class she took. Really pretty stuff but she didn't want to make what was suggested in the class so she was busy cutting up existing blocks and putting them back together....she ended up with really unusual and different blocks that were really pretty. She plans to put together another day.

People accused Pam of being in the quiet corner but I have to tell you...she really is a wild woman. Every time I looked across the table at her...she...me...well both of us just cracked up. No reason for all that but we were having a blast. I think Connie and Sue were the quiet ones but every now and then you'd hear wild giggles there too. This just was a happy group, everyone seemed to be thrilled to be there and it showed. One good reason people were happy could be that we were sitting in a nice cool facility and it was 90 degrees outside. Yahoo!!!! for air conditioning.

Beth Tays had her usual set up for her 'Fancy Patches Store'. Beth we are so grateful that you are willing to bring your store to meetings and retreats. I find your store invaluable...as you can tell from my last retreat bill.....such good stuff! And it is always a comfort to know if we forget our threat or need something, that you are there for us. Thank You!

Wow! Great Food, as per our usual fair. Snacks were abundant and enjoyed by all. Even the Cat got a bite of chicken, outside of course. Although I was pooped when I got home and my things are still not put away, I can tell you this retreat was GREAT! Such a fun group.

We all hope you will join us at a future retreat.

Fat-Quarter Exchange at Business Meetings – Marianna Garrett

Here is a list of what we'll exchange this month and throughout 2010:

| | | | |
|-----|------------------------------|-----|-------------------------|
| Jul | Stripes / red, white, & blue | Oct | Halloween / darks |
| Aug | Anything | Nov | Plaids / golds / browns |
| Sep | Animals / autumn colors | Dec | Red / green |

Your name will be in the drawing for each fat quarter you bring, so the more you bring, the more chances you have of winning. Reminder: A fat quarter is 18x22 inches. If you're bringing more than one, please make them different, so we get a variety of fabrics.



| | | | |
|--|---------------|-------------------|-----------------|
| Answers to Types-of-Material Quiz | 1. Swiss dot | 7. Wool | 13. Duck |
| | 2. Organdy | 8. Cotton | 14. Satin |
| | 3. Meringue | 9. Broadcloth | 15. Houndstooth |
| | 4. Eyelet | 10. Crepe Suzette | 16. Prunella |
| | 5. Seersucker | 11. Calico | 17. Paisley |
| | 6. Rayon | 12. Denim | 18. Chambray |

August Hospitality and Birthdays

Please bring hospitality goodies to guild meetings during the month of your birthday. In addition to bringing treats, you are responsible for helping with room setup and cleanup. Contact Pam Elliott, 253-941-9052, if you have questions or are unable to attend.



Happy Birthday!

| | |
|-----------------|----|
| Laura Coy | 3 |
| Teresa Koe | 3 |
| Martha Lamerson | 19 |
| Karen Holm | 21 |
| Barb McClure | 24 |
| Cheryl Belcher | 27 |



Quotable Quotes:

Families are like old quilts: Although they tend to unravel at times, they can be stitched back together with love.

Residents of Emeritus are welcome to attend any and all meetings of Crazy Quilters, without being paid members. Please keep in mind we are meeting in THEIR home, and we are their guests.

Pillowcase Challenge



American Patchwork & Quilting® magazine is challenging quilters, crafters and sewers across the country to "Make a Pillowcase, Make a Difference." Local quilting enthusiasts will join the cause to help reach the goal of making and donating one million pillowcases to benefit local charities. Every pillowcase can make a difference in your community. A pillowcase can provide comfort for a cancer patient, hope for a foster child, encouragement for a battered woman, or beauty for a nursing home resident.

Throughout 2010, quilters, crafters and sewers across the nation will make pillowcases at their local quilt shops. The shops will then collect the pillowcases and donate them to a local charity of their choice and update the pillowcase counter at allpeoplequilt.com/millionpillowcases. The counter will track nationwide progress toward the goal of one million pillowcases. Laurie Malm, owner of Lollipops Designer Bindings, sees the One Million Pillowcase Challenge as a way to give back to the local community. "We can all make a difference in our community," she says.

Joining American Patchwork & Quilting in support of the One Million Pillowcase challenge are 2010 sponsors: BERNINA, AccuQuilt, Clothworks, Handi Quilter, Moda, Paintbrush Studio, Presencia, Red Rooster Fabrics, RJR Fabrics, Robert Kaufman, The Fabric Shop Network, and Timeless Treasures.

One Million Pillowcase Challenge information is available at www.allpeoplequilt.com/millionpillowcases, including a list of shows where you can turn in your pillowcases.

Sewing As A Sport

You know the saying “It’s all fun and games until someone loses their eye, then it’s a sport”? Well, sewing *is* a sport. I realized this after a recent appointment with my doctor. The nurse shook her head and clucked as she pulled my chart. She’s seen me in here enough times that she must wonder if I’m in my right mind: when she knits her pastel plant cosies (now tastefully dotted about the doctor’s reception room under various pots of anemic looking flora), she never hurts herself. (I’d like to poke her in the eye with one of those goddamned knitty-nit sticks.)

The doctor calls me in and sighing, looks at my file. It’s thick, the pages look well thumbed. He looks at me blankly, then sighs again. We both know the drill: “What and how?” he asks wearily. And sighs. Again.

“I..uh..my left leg goes numb to the ankle when I sit at my sewing desk.”

“How often does this happen?”

“Only after I’ve been sitting for several hours.” I reply.

“Several? How many is several?”

“Eight or nine,” I mumble, looking at my lap. “Sometimes ten.”

“Ten?” He can’t understand of course how consuming it is to be creating, watching fabric flowing out behind the machine, or around your hands, all embroidered and spangled and topstitched.

“Perhaps you should get up once in awhile, change leg positions, try a new chair, even do something else.”

Now it’s my turn to look blank. “Stop? Do something else? These aren’t sewing terminologies I’m familiar with, Doctor. Are there over the counter medications or do I need a prescription?” I’m getting alarmed. I’m getting loud. “Do I need tests? Is the treatment expensive? Is there a clinic in town?”

“Calm down, Ms Barr; you know the excitement is bad for your heart.”

This is patently *not* true. So I had an angina attack when the *sale* bin went on sale, big deal. And it has nothing to do with the fact that I directed the surgeon to redo the stitches as I found them neither aesthetically pleasing nor decoratively functional.

“Please, Ms Barr, I really think you should look into some therapy or counseling of some sort. This destructive behavior is quite alarming.” He’s looking through my file again. “Some of these injuries...”

“I can quit anytime!” I cry desperately. “I don’t *need* to sew or embroider everyday! Well, okay, every second day. Sometimes I take a couple of hours off on Sunday. I slot in time to say hi to my son. The laundry gets done every 5 and a half weeks. I feed my cats. I...” I trail off miserably as he steeples his fingers under his chin. (He thinks he’s so smart.)

“Look at your file, woman!” He sounds exasperated for some reason. “You’ve sewn holes through your fingers, you’ve sewn them together *and* to things, you’ve poked holes in your nose while putting on buttons, ripped out clumps of hair on the uptake lever, punctured your left breast several times with upholstery needles, you have bursitis in your shoulder from “steering” as you put it...”

“It happens to everybody!” I protest.

But ohhhhhh no-oo-oo, phffff, he continues, “You need glasses because you squint at tiny beads, you’ve tripped yourself on thread and torn ligaments below your knee, you’ve ripped ligaments in your neck trying to catch a falling sewing machine, you nearly drowned yourself and a friend when the hose came off the washing machine during a dying experiment, you’ve ironed yourself...”

“That was purely a mistake, but ended up being a wonderful creative exercise: I simply gold foiled over the skin that got stuck to the fabric and got a lovely vest out of it. And as for the washer incident, I used it as an excuse to *actually* wash the floor...” I am shocked: how could he not appreciate the genius of this?

“You treat this as a sport! One does not get “sewing elbow”, or have an “old embroidery knee injury”, or torn muscles from beading too hard!” He’s starting to froth at the mouth and the nurse has stuck her head in the door, alarmed at the noise and fury. She comes in and pats him on the shoulder, grandmotherly, and glares primly at me.

“Sewing is not a sport! It should be treated as a genteel hobby for young ladies, brides to be and retired matrons. It is not an athletic meet or an Olympic Personal Best!” Now he’s very red. “Ms Barr, I suggest you find help elsewhere. I cannot treat someone who does not want to be helped, who continually resists any attempt at therapy or intervention and who will not accept any personal responsibility!” He manages to spit all this out through extremely clenched teeth.

I leave in a huff (a blue one I cross-stitched teeny little skulls on and trimmed with a turquoise braid). Perhaps I’ll try acupuncture: I understand they use needles. Besides, I know when people are incompetent. But as a farewell gesture, I believe I’ll send him a nice art quilt I did last week. The blood spray on it from my seam-ripped thumb is quite spectacular and it will liven up the reception room with all those dull little knitted whatsits.

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Arlee Barr is a Canadian artist, working primarily with textiles. She describes herself as “curious, eccentric and just a little opinionated.” Surrealist in thought, Fauvist at heart, Arlee likes the eclectic, explorative and absurd.

**Call for Entries:** Deadline July 31, 2010.

Quilt Fest 2010, sponsored by the La Conner Quilt & Textile Museum, will be held October 1-3, and will be featuring quilts from The Appliqué Society. We would love to see your appliqué quilt at Quilt Fest 2010. Deadline for entry is July 31. Please check our website to download an entry form for Quilt Fest 2010: [www.laconnerquilts.com](http://www.laconnerquilts.com). La Conner Quilt & Textile Museum, 703 South Second Street, La Conner, WA 98257. Phone 360-466-4288

### October Auction – Pam Elliott & Cathy Norgaard, Vice Presidents

The auction is coming in October! The spring and summer months are a good time to clean out. Save the projects that you started but don't have the desire to finish, items you brought (with good intentions) but no longer want, and others things that you think someone else might want and bring them to the auction. There will be more details to follow.

#### 2010 CQ Retreat Schedule

Those who didn't attend the previous retreat may sign up first. Questions? Contact Janine Walker. Retreats are \$30 a night.

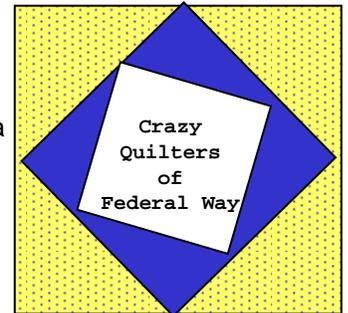
October 22-25  
November 15-18



Reminder: if you'd like to attend a retreat, but find it to be a financial burden, the guild may be able to sponsor you. Contact Janine Walker.

### Wear Your Badge! – Jill Ellis, Membership

At each meeting, please sign in to the Membership Book. Signing in not only satisfies the insurance requirement to know who is present in case of an emergency, but you may also win a prize! At each Business meeting, I will draw a name from the members signed in and if the person whose name is called is wearing her membership badge (one made of fabric, not the plastic one), a prize will be won! If I draw a name of someone not wearing her badge, there will be no winner for the month. If you need directions for making a badge, please see me.



### Project Cool for Back to School – Laura Coy

Project Cool for Back to School hopes to provide backpacks, school supplies, and gift certificates to 2000 homeless children in King County. For children with the uncertainty and chaos of homelessness, school can provide much-needed stability and consistency. When a child walks into their classroom on the first day of school equipped with the same supplies as every other student, they can feel more confident. By providing books, supplies, hygiene items, and gift certificates for new shoes, Project Cool works to make sure that children who are homeless are not stigmatized by their family's circumstances. There are two ways to help: donate money and / or donate school supplies.

Here is a list of supplies needed:

Crayola crayons, 24 count  
Crayola colored pencils, 12 count  
Crayola markers  
Highlighters  
Pens, black and blue

Pencils, 12 count  
Pencil pouches (flexible)  
Pink erasers  
Two-pocket folders  
Spiral notebooks

Notebook paper, college- and wide-ruled  
Index dividers for 3-ring binders  
Small packets of tissue (Kleenex)  
Toothbrushes and toothpaste  
Age-appropriate books

I will be collecting money and school supplies again this year. I don't have a deadline yet, but it will probably be the end of July. The state of local economy means that they cannot rely on some of the large contributions that local businesses have generously made to Project Cool in past years. They are prepared to deal with this challenge by relying greatly on community support to help bridge the gap.

If you have any questions, please call or email me. Laura Coy, 206-824-6087, [quiltrose054@comcast.net](mailto:quiltrose054@comcast.net). Thank you!