

Executive Board and Committee Chairs

EXECUTIVE BOARD

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- Linda Hill

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- Janine Walker

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- Cathy Norgaard

- Pam Elliott

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- Kathy Wyckoff

Treasurer

- Nan Naubert

Membership/Newsletter

- Jill Ellis

253-927-1260

jillzquilts@hotmail.com

COMMITTEE CHAIRS

Audit

- Teresa Koe

Block of the Month

- Eileen Peacher

Community Outreach

- Barb McClure

- Carol Berge

Email

- Mici Wiggins

Hospitality

- Roxy Dysert

Liaison with Emeritus

- Pam Elliott

Librarian

- Susanna Gantt

Parliamentarian

- Nita Leiser

Raffle Quilt (2011)

- Jean Snedden

Retreats

- Janine Walker

- Laura Coy

- Kathy Wyckoff

Scrapbook

- Gail Woods

Storage Unit

- Janine Walker

Sunshine

- Colleen Linstead

Telephone

- Margaret Mortenson

Webmaster / Public Relations

- Agnes Rischard

President's Pieces

Lines from Linda

Do any of you suffer from CADD (Creative Attention Deficit Disorder [from Pam Stahl's e-newsletter – Real Women Quilt])?? I am sure not all of you have this problem, but those of you who do probably know where to find your seam ripper better than you know how to find your stash of chocolate. I have seam rippers wherever I have quilting stations around my house – you know, one by my favorite TV-watching chair; one – or two – in the Meadow (aka sewing room); one with each of my numerous take-along projects.

Within the last two weeks, I discovered another time I suffer from CADD. I am taking a class learning to make reversible quilts. Each block is made by sewing the fabric for the front of the block at the same time as sewing on the back fabric. (I hope this isn't too confusing and you are getting the gist of this.) One of the blocks we made is called a slanted block, which means the center seam is sewn slightly slanted. This also means that the front and back are mirror images. I went to the cutting table and proceeded to cut out all the pieces. BUT, CADD struck and I forgot to reverse the template for the back side. Now, this shouldn't be too bad. Just cut another set, right. Well, I have a problem. I barely had enough fabric for the set of four blocks I was sewing and I really wanted to use my selected fabric. Yep, CADD had made another uninvited visit to the Meadow. You'll be happy to know that I was able to find a suitable solution, just not the look I was hoping for. All ended well, but CADD has been banned from the Meadow for the rest of this year. If it would like to make an appearance in 2012, let it come. I'll have a process in place to keep it out of the meadow by then!!

During the last year I have had a lot of time to think about my life up to this point. I can remember the time when doing just the right thing, saying just the right words, caring about what other people thought, was so important. I also remember my aunt telling me that she was now old enough (probably 50+) to not care what others thought. She told it like it was. Aunt Alice was a feisty woman who lived to be 99 and I dearly loved her. Her actions and speech reflected who she was, not who she thought we wanted her to be. I kind of understood what she was saying, but couldn't quite bring myself to put it in practice. However, in my 30s and 40s and 50s, I remember thinking about Aunt Alice's philosophy of life and wondering when (not if) I would get to that stage in my life where I would also feel content with who I am. Guess what? I made it. What you see and hear is what you get. My wish for each of you, whether young, or slightly not so young, is that you get to this place in your lives much sooner than I did. Just remember, it's not IF, it is WHEN.

Until next month, please find time to visit with family and friends, quilt a little, and pamper yourself. -- Linda

The MSC focus for April will be (for the Program meeting only) items for Easter baskets for kids, such as candy, small stuffed animals, little gifts. For both Program & Business meeting nights, canned fruits and vegetables.

We continue every month to donate baby items, as they are always needed: diapers, food, clothing. Other items always needed include tealight candles, canned goods, easy-to-open meals, personal hygiene items for women.

Newsletter Contributors

Linda Hill

Kathy Wyckoff

Pam Elliott

Mici Wiggins

Carol Berge

Barb McClure

Jean Snedden

Susan Alcalá

Patty O'Furniture

Beth Tays



This is YOUR newsletter. If you have something you'd like to contribute, please email me (jillzquilts@hotmail.com) or send it to me (P.O. Box 4243, Federal Way 98063) by the 15TH of the month. Thanks! jill

Tips

Tea dying muslin will cause it to shrink, so you need to dye it before you cut the piece you want to use.

Make your quilt rod / hanging sleeve from a patchwork of all the fabric used in your quilt. Then, if you need to repair anything on the quilt top later, you will have a selection of the right fabrics to use.

The Missouri Quilt Company has some great how-to videos on YouTube. They're free, and I'm excited to try them out. I did try one for half-square triangles: Take 2 squares, sew them right sides together, sew a quarter-inch seam around all four sides, then cut diagonally twice. You have four HST, and there is no easier way that I have seen to do this! Go to YouTube, type in "MissouriQuiltCo" and check them out.

2011 Raffle Quilt – Jean Snedden

Even though Carol Berg was the only member to drive down for the Saturday work party, I am happy to announce that all 14 pieced blocks were finished. We are now onto the appliquéd middle. Several people have volunteered to help. If you are interested in working on this part, please let me know.

April Hospitality and Birthdays

Please bring hospitality goodies to guild meetings during the month of your birthday. In addition to bringing treats, you are responsible for helping with room setup and cleanup. Contact Roxy Dysert, 253-839-9967, if you have questions or are unable to attend.

Happy Birthday!

Nan Naubert	3	Agnes Rischard	26
Kathy Wyckoff	25	Angie Eichholtz	26

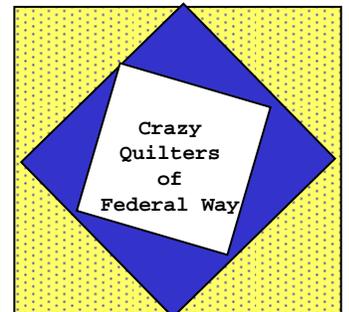


Quilt Buddy Program – Jill Ellis

The Quilt Buddy program is underway and a big thank you to all who have stepped up to be a mentor to new members. Being a Quilt Buddy is simple: seasoned guild members explain to a new member how things work, introduce her to other members, and help her feel comfortable at meetings. You will NOT be teaching them how to make a quilt, unless you want to do so. Please see me to volunteer; I'd like to have 3-4 names in reserve so we're ready each time someone joins the guild. This will be a rewarding experience for new and old members alike!

Wear Your Badge! – Jill Ellis, Membership

At each meeting, please sign in to the Membership Book. Signing in not only satisfies the insurance requirement to know who is present in case of an emergency, but you may also win a prize! At each Business meeting, I will draw a name from the members signed in and if the person whose name is called is wearing her membership badge (one made of fabric, not the plastic one), a prize will be won! If I draw a name of someone not wearing her badge, there will be no winner for the month. If you need directions for making a badge, please see me.



2011 CQ Retreat Schedule

Those who didn't attend the previous retreat may sign up first. Retreats are \$23 a day. Contact Janine Walker.

July 8-11

October 21-24

November 14-17

Reminder: if you'd like to attend a retreat, but find it to be a financial burden, the guild may be able to sponsor you. Contact Janine Walker.

Retreats are great fun. We have a great time sharing ideas and tips. It's a good way to get to know your fellow quilters a little better. If you've never been and would like to, check us out; Lacey is a 45-minute drive down the freeway from Federal Way. If you want to bring your sewing machine and projects to work on for a day, and join us for dinner, the charge is \$15. The food is always wonderful, especially since you only have to help cook for one meal. The signup sheet will be at the next few meetings, or you can call or email Janine.

Places to Go . . . Quilts to See!

How about a road trip? Near or far, there's a trip for you.



March 23-26: 2011 Quilt Tour of Whatcom, Skagit, and Snohomish counties. "Birds of a Feather," sponsored by Tri-County Quilt Merchant Association. Participants: Keepsake Cottage, Bothell; The Needle & I, Everett; Aunt Mary's Quilt Shop, Smokey Point; The Quiltmaker's Shoppe, Arlington; Granny's, Stanwood; Calico Creations, Mt. Vernon; The Quilt Shop, Anacortes; Fabrics Plus, Anacortes (great store!); Fourth Corner Quilts, Bellingham; Two Thimbles, Bellingham; Fabric-Etc, Bellingham; Folktales, Lynden; Calico Country, Lynden; Tangled Threads, Lynden. Hours 9 a.m. to 7 p.m. Info www.quilttour.com

March 30-June 26: La Conner Quilt & Textile Museum (www.laconnerquilts.com), "What Remains," art quilts and poetry about Japanese Americans in Internment Camps. Quilts by Cathy Erickson, poetry by Margaret Chula. "Story Quilts," featuring the work of Mary Lou Weidman. 703 South Second Street, La Conner WA. Hours Wednesday-Sunday, 11 to 5 (extended hours for April Tulip Festival, 10 to 5, 7 days a week). Admission \$5.00; members/children under 12 free. Info www.laconnerquilts.com

April 1-31: Fidalgo Island Quilt Walk. Quilts displayed in shops of downtown merchants. Maps at participating merchants and Anacortes Visitor Center.

April 8-9: Camano Island Quilters, Stanwood Middle School, 9405 271st Street NW, Stanwood WA. www.ciquilt.com. Stanwood, WA. No further information was on their website, but I assume the show will be 10 a.m. to 5 p.m. both days.

April 15-17: "Fabric of the Forest," presented by Piecemakers Quilt Club as part of "Rainfest," Forks High School Auxiliary Gym (on Spartan Avenue across from Bank of America), Forks WA. Hours Friday noon to 6; Saturday 10-6, Sunday noon-4. Featured quilter is Kim Diehl, author of five quilt books. Info www.piecemakersquiltclub.org

April 30-May 1: Krazy Horse Quilt Show, Pendleton Convention Center, Pendleton OR. A nonjuried show, with featured quilter Helene Knott. Hours 9-5 Saturday, 10-3 Sunday; admission \$5, good for both days. Info www.krazyhorsequilters.org.

May 13-14: "A Quilters' Garden," sponsored by Yakima Valley Quilters' Guild. 1301 South Fair Avenue, Yakima. Hours Fri 10-7, Saturday 10-5; admission \$5.00. Info www.yakimavalleyquiltersguild.org.

May 21-22: "A Quilter's Journey," presented by Evergreen Piecemakers. Merchant mall, gift gallery, special displays of round robin and 9-patch exchange quilts, small quilt sales, fat-quarter raffle, demos, dessert cafe, raffle quilt. Featured quilter is Barb Frazier. Kent Commons, 525 Fourth Avenue North, Kent. Saturday 10-5, Sunday 10-4. \$5 donation.

May 21-22: "Reflections: Quilts!" presented by Helena Quilters' Guild, Helena Civic Center, Helena MT. Hours 10-5 Saturday, 10-4 Sunday; admission \$4. Info www.helenaquiltersguild.org.

June 3-5: "Blast of Color," sponsored by Woolley Fiber Quilters. Downtown Sedro-Woolley (follow the signs!), all on Metcalf Street. Admission \$3 donation. Info www.woolleyfiberquilters.blogspot.com.

June 22-26: Western Washington Shop Hop. Wed-Saturday, 9 a.m. to 8 p.m.; Sunday, 10 a.m. to 5 p.m. More than 60 shops to visit. Info: www.westernwashingtonquiltshophop.com.

June 24-25: Basin Piecemakers Quilt Show, Moses Lake High School, 803 East Sharon Avenue, Moses Lake WA. Raffle quilt, vendors, quilter's boutique, door prizes. Friday 10-6, Saturday 10-4. Info www.basinpiecemakers.wordpress.com.

July 19: 36th Annual Sisters Outdoor Quilt Show, Sisters OR. Hours 9:30 a.m. to 5:00 p.m. admission is free. People come from all over the country to attend this outdoor show, where quilts are hung on buildings, in windows, from trees. It's never rained on the day of the show! Info www.sistersoutdoorquiltshow.org.

June 20-July 31: "Piece by Piece: A Quilting Art Show." A juried gallery show celebrating the art and beauty of quilting. Arts of Snohomish Gallery, 105 Cedar Avenue, Snohomish. Info: hcvl1@frontier.com or readtobe2002@yahoo.com.

July 29-31: "Spooktacular," 31st annual quilt show sponsored by Busy Bee Quilters Guild of Snohomish. 17001 Tester Road, Monroe. Hours 10-5 Friday and Saturday, 10-4 Sunday; admission \$7.00. Info www.busybeequilters.com.

August 26-28: Association of Pacific West Quilters (formerly APNQ). The venue has changed to the Tacoma Convention & Trade Center. Fri & Saturday, 10 a.m. to 6 p.m.; Sunday 10 to 4. Admission \$10 daily, 3-day pass \$20. Info: www.apwq.org.

August 26-28: 3rd Annual Crazy for Quilts Show, "Old Meets New," sponsored by The Crazy Quilt Shop, 104 East Pennsylvania Avenue, Roslyn WA. Friday Night Fabric Art Walk with live music 5-9 p.m.; Saturday's Main Event Quilt Festival and Show, 9-5; Sunday, 10-2; admission is free. Info 509-649-3777 or crazyquiltshop@hotmail.com.

Secretary Chit-Chat in Lieu of Minutes – Kathy Wyckoff

Since we did not have a business meeting last time because of snow, I thought I would tell you about two shops I visited in the last month.

Linda Hill and I met to go see that new craft and fabric shop in Federal Way. Craft City is located at 21st and 356th. It is a new shop with lots to offer. Linda and I were interested mostly in the fabric they are carrying, but also in what other kind of craft items they carry. This is a huge space and they are filling it up with beads and bobbles, yarn, crafters items, and fabric. Their selection of fabric was limited, but we have been assured that more is coming and soon. I purchased the most scrumptious fabric...you will all be jealous...for sure! Linda and I had a wonderful time at the shop; we shopped the whole store, leisurely checking out each aisle. We had coffee and chatted for a long time. The store offers a sitting area if you want to meet a friend, or go there to work on a project, sew or knit etc. or to have lunch or coffee. (Their café was not open when we were there, but is probably open for business by now.) Also, they offer an array of classes and have a nice class area set up.

All in all, we had a great time, I know partly because we were shopping, but mostly for me because I was able to spend a nice afternoon with a wonderful friend.

Stop by and see what is happening at Craft City; you will enjoy seeing her fabric. It is good quality and different prints than you will see in other shops.

I know many of you have shopped at Taylor Creek Quilt Studio [Maple Valley] but I had not been there and was pleasantly surprised when I walked in. I was immediately greeted by the owner, Joanne Lee. She is such a nice person, very friendly and helpful. As I was strolling the store (which is pretty small, but oh my goodness, can Joanne stock a lot of fabric!), she had fabric everywhere and a really great variety. She has many classes to offer and a nice classroom upstairs. While I was there, several women came in with their sewing machines, etc., crockpots, and bags of food, and headed upstairs. I was invited to see what they were up to and ended up spending about 30 minutes visiting with that group. Many were past employees of Calico Cat and their group meets every month at Taylor Creek for a day of sewing and lunch. Joanne rents the upstairs area to anyone who wants to sew and invites them to bring whatever they want to eat. I met her dog...oh, can't remember her name, sorry....but what a beautiful dog and so polite and friendly. If I were a dog person, that would be the dog for me!

All in all, I had a great time exploring these two shops and will definitely go back to both.

Hope you all enjoyed the snow. I love snow, but it does get in the way sometimes. I am looking forward to seeing all of you at the next meeting.

Happiness is a room full of fabric and great friends to share it with.

[P.S. by Jill: I went and looked around at Craft City, and this store is a great idea for Federal Way. I tried their soup, which was chicken & rice with portabella mushrooms, and it was the perfect thing for a blustery winter day! Go check out Craft City, and their cafe!]

Upcoming Events for Crazy Quilters

March 24 Business Meeting	Business meeting: 7:00 p.m., Emeritus Assisted Living, 31002 14 th Avenue South, Federal Way Show & Tell; Committee Reports; Block of the Month
April 14	Program Night: 7:00 p.m., Emeritus Assisted Living, 31002 14 th Avenue South, Federal Way The April program is the skills builder. There will be 5 or 6 people demonstrating quilting skills in different areas of the room. You will start at one area, then every 20 minutes you can move to another area or remain where you are, if you choose.
Friday Friends (every Friday)	Join several club members every Friday, 10 a.m. to 4:00 p.m. Milton Community Center, 1000 Laurel Street, Milton 98354 Bring your lunch, work on your unfinished projects or start a new one, and have fun with fellow Crazy Quilters. We generally do not meet the Friday before a major 3-day holiday such as July 4, Memorial Day, Labor Day, or if the Community Center is closed.



What a great idea this is! Wind your binding around an empty spool and have it feed as you use it. I usually throw mine over my right shoulder, but still manage to get it tangled on something. I'm going to try this with the next binding I have to apply and see how it works.

Whoever thought this one up is very clever. I found the picture through my group at stashbuster.com.

Officers for 2011/12

President	Pam Elliott
Vice Presidents	Diane Kellar & Debby Coleman
Secretary	Connie Mayor
Treasurer	Nan Naubert

Janine Walker will be taking over Membership.
There is an opening for Publicity chair.

UFO Challenge 2010-11 – Diane Kellar

- Project must have been started prior to June 2010 and completed by April 21, 2011.
- Project start date is the date CQ member began work on the project.
- "Started" means some progress has already been made (cutting, stitching, etc). Simply buying fabric/patterns doesn't qualify as a UFO.
- Total outside perimeter must be at least 54 inches.
- "Finished" means that quilting and binding are done. Embellishments are optional.
- UFO Entry forms should be submitted when project is shown during "Show 'n' Tell at business meetings.
- Entry forms may be submitted with a picture of completed project (if project is not be available for show 'n' tell)
- UFO projects other than quilts are eligible for entry if project has at least 6 hours labor involved in completion.
- Have fun. Get creative.

Marianna Garrett collects empty wooden and plastic thread spools and cones to give to her niece, who is a nursery-school teacher. If you'd like to save a little bit of landfill space, please bring your empty spools to Marianna at any guild meeting.

In Our Thoughts
Special thoughts and big hugs
go out from all of us to:

**Barb Lobdell
Helen Backer
Chick Greenough
Nita Leiser
Mauvaneen McMullen**

Tiramisu Recipe from March Program Meeting – Marianna Garrett

First calories and fat can be shaved from this recipe by using fat reduced, Splenda and fat free Cool Whip.

1 8-oz container of whipped topping = 2 cups. I use 16 oz and spread remaining on top of chocolate mixture.

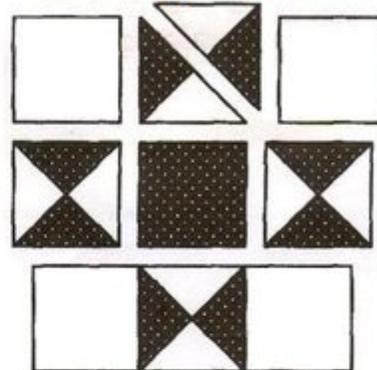
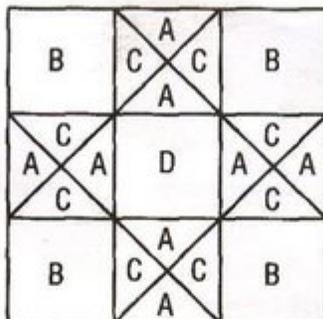
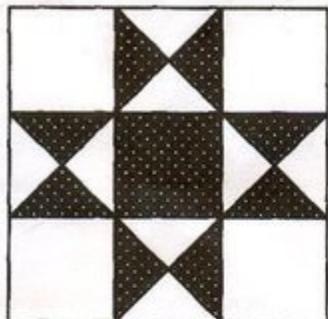
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|---|---|
| 1 package (10.75 oz) frozen pound cake, thawed and cut into 12 slices, then those cut lengthwise to form logs | |
| 8 oz cream cheese softened | 1/2 C sugar |
| 1/4 C chocolate syrup | 1 tsp instant coffee dissolved in 1 tsp water |
| 3 C Whipped topping thawed | 1 tsp cocoa powder |

Beat cream cheese, sugar, chocolate syrup and dissolved coffee in medium bowl with electric mixer till smooth. By hand, gently stir in whipped topping. Blend well. On bottom of a 9x13-inch pan, spread the mixture 1/4-inch thick. Arrange cake slices in pan, maybe spreading some mixture a little on sides of slices so there is some between. Spread mixture over slices and press so it goes between the slices. Top with any remaining whipped topping and sprinkle cocoa powder over Tiramisu from a small sifter. Cover tightly and refrigerate till ready to serve. Can be made 3 days ahead.

Community Service Block - March 2011

Ohio Star Quilt Block

Please return blocks by
April 28th



12 inch Finished Block Size:

12 1/2" unfinished Block Size:

For 1 Block - Cut the Following Pieces:

Cream on Cream Tonal

A: 2  →  5 1/4"

B: 4  4 1/2"

Green Solid

C: 2  →  5 1/4"

Green Geometric Print

D: 1  4 1/2"

Please call Carol Berge if you need assistance
constructing your block, © 253 - 859-8913

Email: Carol_Berge@msn.com

Fat-Quarter Exchange at Business Meetings – Marianna Garrett

Here are the categories for the Fat Quarter Exchange for 2011.

March	Batik	August	Anything
April	Florals	September	A favorite of yours
May	Black & white / white & black	October	Any food / any animal except dogs & cats
June	Cats or dogs / neutrals	November	Very warm or very cool
July	Patriotic	December	Looks like gift wrapping paper



For each fat quarter you bring for the drawing, your name will be put in a bag. The name drawn will win all of the fat quarters.