

# Threads . . .

Crazy Quilters of Federal Way

January 22, 2009

## Executive Board and Committee Chairs

### EXECUTIVE BOARD

President	
- Linda Hill	253-661-9281
Vice President	
- Janine Walker	253-941-4958
- Eileen Peacher	253-840-8639
Secretary	
- Kathy Wyckoff	206-824-3307
Treasurer	
- Sonya Parisi	206-697-1946
Membership/Newsletter	
- Jill Ellis	253-927-1260

### COMMITTEE CHAIRS

Audit	
- Teresa Koe	253-845-1612
Block of the Month	
- Diane Kellar	253-874-0537
Community Outreach	
- Barb McClure	206-244-4333
- Carol Berge	253-859-8913
Directory/Email	
- Mici Wiggins	425-234-9998
Giggles	
- Julia Caesar	206-444-1313
Hospitality	
- Martha Lamerson	253-815-9077
Liaison with Evergreen Lodge	
- Barbara McClure	206-244-4333
Librarian	
- Susanna Gantt	253-431-5659
Parliamentarian	
- Nita Leiser	253-472-5667
Public Relations	
- Agnes Rischard	253-833-8302
Retreats	
- Janine Walker	253-941-4958
- Laura Coy	206-824-6087
- Kathy Wyckoff	206-824-4307
Scrapbook	
- Nobody and her sister.	See Linda Hill
Storage Unit	
- Janine Walker	253-941-4958
Sunshine	
- Elena Stewart	253-838-6570
Telephone	
- Pam Elliott	253-941-9052

## President's Pieces

### *Lines from Linda*

A new year! A clean slate! I can hardly wait to see what unfolds in 2009. There are so many opportunities!

January is always a special time for me. I try to image what the new year will be like and what I can accomplish. During this month my stash is the limit and my imagination soars through so many possibilities that I almost get dizzy racing from one pattern to the next. As the year progresses, I know that I will be once again become grounded in reality, but January is a gallop through the meadow of my mind. Enough about me. Now on to Crazy Quilter opportunities.

My UFO stash has changed a lot since the beginning of our challenge. I looked the other day and found that it has not gone down much. Why?! Because I keep starting new projects that I don't get finished, which then end up in my UFO stack as I complete old projects. What an endless circle I have found myself in. There has got to be a way out, doesn't there? I hope you are not having the same problem and have found a way to keep up with completing new projects. And any suggestions you can offer me would be welcome.

Last chance to enter the UFO Challenge will be the business meeting in May. How many more entries will we have by then? And the prizes are shaping up to be fun. I can hardly wait to share the info with you, but need to finish up before I give you a partial list.

We are going to have a fabulous year. Round Robins. Raffle Quilt. Auction. Mothers Day potluck. Retreats. UFO Challenge. Great programs. Community Outreach. Show & Tell. I hope you are looking forward to the months ahead as much as I am.

Still stitchin' and stretchin',  
Linda

UFO Count: 14

The UFO contest ends May 28. Your UFO must have been started (actual project construction, not just a gathering of go-together fabrics) prior to June 1, 2007.

This is YOUR newsletter. If you have something you'd like to contribute, please email me ([jillie1030@hotmail.com](mailto:jillie1030@hotmail.com)) or send it to me (P.O. Box 4243, Federal Way 98063) by the THIRD Thursday of the month. Thanks! jill



### Newsletter Contributors

Linda Hill	Barb McClure
Mici Wiggins	Carol Berge
Eileen Peacher	Janine Walker
Marianna Garrett	Sonya Parisi

## Quotable Quotes

I believe that friends are quiet angels who lift us to our feet when our wings have trouble remembering how to fly.

"No man has ever become poor from giving."  
Anne Frank

When a friend is in trouble, don't annoy him by asking if there is anything you can do to help. Think of something appropriate and do it. Edgar Watson Howe

## Upcoming Events for Crazy Quilters

February 12	Program meeting: Kathy, owner of Front Porch Quilts in Graham. This is a fairly new shop, very light and open. Evergreen Lodge, 6:00 Social Hour / 7:00 Start of Meeting
Third Monday of each month	Community Outreach Sew Day, 10-4:00, Barb McClure's house, 18631 48th Place South, SeaTac 98188. Barb's phone is 206-244-4333. Bring a sack lunch; a microwave is available if you want to warm anything up. Directions to Workshop: From the south end, Take I-5, exit 152 (188th Street & Orillia Road), left on 188th, right on Military Road, left on 186th, and left on 48th Place South. More parking is now available, as some neighbors have offered their driveways.

### February Hospitality and Birthdays

Please bring hospitality goodies to guild meetings during the month of your birthday. In addition to bringing treats, you are responsible for helping with room setup and cleanup. Contact Martha Lamerson, 253-815-0077, if you have questions or are unable to attend.



### Happy Birthday!

Sally Gillman	5	Camille Foote	12
Jan Bruell	9	Jean Snedden	18
Helen Backer	10	Patty Nelson	22
Pat Bernard	11	Fran Hubner	24



## 2008-09 CQ Retreat Schedule

Those who didn't attend the previous retreat may sign up first. Questions? Contact Janine Walker.

2009  
January 23-26  
March 13-16  
June 26-29  
October 23-26  
November 9-12

Retreats are \$25 a night. Just a reminder: if you'd like to attend a retreat, but find it to be a financial burden, the guild may be able to sponsor you. Please contact Janine Walker.



## Twas The Diet After Christmas – contributed by Marianna Garrett

Twas the day after Christmas, and all through the house  
Nothing would fit me, not even a blouse.  
The cookies I'd nibbled, the eggnog I'd taste  
At the holiday parties had gone to my waist.

When I got on the scales there arose such a number!  
When I walked to the store (less a walk than a lumber).  
I'd remember the marvelous meals I'd prepared;  
The gravies and sauces and beef nicely rared,

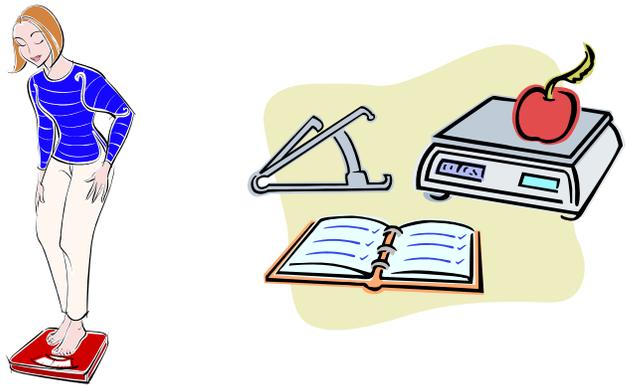
The wine and the rum balls, the bread and the cheese  
And the way I'd never said, "No thank you, please."  
As I dressed myself in my husband's old shirt  
And prepared once again to do battle with dirt---

I said to myself, as I only can  
"You can't spend a winter disguised as a man!"  
So--away with the last of the sour cream dip,  
Get rid of the fruit cake, every cracker and chip

Every last bit of food that I like must be banished  
"Till all the additional ounces have vanished.  
I won't have a cookie--not even a lick.  
I'll want only to chew on a long celery stick.

I won't have hot biscuits, or corn bread, or pie,  
I'll munch on a carrot and quietly cry.  
I'm hungry, I'm lonesome, and life is a bore---  
But isn't that what January is for?

Unable to giggle, no longer a riot.  
Happy New Year to all and to all a good diet!



## I Have a Dream

Sunday morning I was humming "I Have a Dream," a song from "Mamma Mia," which by the way is the most **wonderful, fun** movie and if you didn't see it in the theater, you should rent it; I'm going to buy it and I NEVER buy movies). So, humming that made me think of Martin Luther King, Jr.'s "I Have a Dream" speech, and that Monday was MLK Day. Then I remembered I had a dream just before I awoke Sunday morning, so in light of MLK Day, I will share my dream. It's not inspirational; in fact, it may be a bit disturbing to the person it's about, but there is a theme here and I'm going with it.

I dreamed I went to Linda Hill's house to drop something off. I knocked, but no one answered the door. The garage door was open and Linda's car was there, so I went in, saying "hello" and looking around for Linda. I opened a door and it was an empty bedroom, all white, with billowing white drapes covering the window and closet door. For some reason, I laid down on the carpet and fell asleep. (Ask Mici Wiggins how fast I can lay down on the floor and fall asleep.) I woke up hours later, and looked in the closet (I don't know why), then realized what I thought was a window was actually a sliding-glass door. It was open a bit and a cat was coming in the door. Linda was calling for the cat, so I quickly scooted it by the hiney out into the hallway and shut the door. I was trapped in the bedroom, wondering how I was going to explain I'd been in Linda's house for hours, asleep on the floor. That's when I woke up from the dream.

It's not much of a dream, but I never remember my dreams, and I needed some filler for this page, so there you have it, my MLK Day "I Have a Dream" story.

By the way, I had another dream and that's coming true tomorrow (Tuesday). I will get to remove my "1/20/09 Bush's Last Day" button from my work ID badge. That's not a political statement, just a matter-of-fact statement: he couldn't be President after 1/20/09 . . . **thank goodness!!** That last part was the political statement.

## Directory Changes/Additions:

Please add the following new/returning member to your directory, and please make both Nancys feel welcome!

### Returning:

Nancy Thieman

P.O. Box 154

Buckley, WA 98321

253-862-0533 home

nthieman@whiteriver.wednet.edu

Birthday: September 22

### New:

Nancy Schroeder

8632 Eastside Drive NE

Tacoma, WA 98422

253-925-9226 home

artquilter42@hotmail.com

Birthday: November 2



## Fat-Quarter Exchange at Business Meetings

The December winner of 21 Christmas-themed fat quarters was Marianna Garrett. At the **January** meeting, please bring a fat quarter that is a **BRIGHT FLORAL**. You get your name in the drawing for each fat quarter you bring, so the more you bring, the more chances you have of winning. At the **February** meeting, please bring a fat quarter that is **PURPLE**.

**P.S.** Reminder: A fat quarter is 18x22 inches. Also, we may end up with two people bringing a fat quarter of the same fabric, but if you're bringing more than one, please make them different, so we get a variety of fabrics. Thanks!

## Food for Thought: Eat that Frog!

If one of your resolutions for 2009 is to stop procrastinating, this is for you:



There's an old saying that says, "If the first thing you do when you wake up each morning is eat a live frog, nothing worse can happen for the rest of the day." That's a pretty safe assumption, I would say.

Brian Tracy, an inspirational speaker, has said that your "frog" should be most difficult thing to do on your "Things To Do List," the one you're most likely to procrastinate on. If you eat that frog first, it'll give you energy and momentum for the rest of the day. But if you don't, if you let him sit there on the plate while you do 100 unimportant things, it can drain your energy and you won't even know it.

William James, one of the founders of modern psychology, said, "Procrastination is attitude's natural assassin. There's nothing so fatiguing as an uncompleted task."

Having said that, here's your assignment for the next 30 days. Each day, look at your to-do list, circle the frog, and eat that first. See if you don't feel better!

## News of our Members:

Janine Walker is a grandmother again. Her daughter, Eileen, gave birth to her 7<sup>th</sup> child, Justin William Knox, born January 9, 7 lb, 5 oz, 19 inches. I wonder how often Janine watches all of the kids at once for the exhausted parents. I'm tired just thinking about it. Congratulations, Janine! And here's a thought: will Eileen's brother, Brian, try to best his sister's record when he starts his family?



## Places to Go . . . Quilts to See!

How about a road trip? Near or far, there's a trip for you.



**February 20-21**, "Generations of Quilting," Sponsored by Kitsap Quilters, Kitsap County Fairgrounds, President's Hall, Bremerton. Hours 10 a.m. to 5:00 p.m. Featured artists, raffle quilt, merchant's mall, over 300 quilts.

**April 3-5**, "Rainfest 2009," presented by Piecemakers Quilt Club, Forks High School Auxiliary Gym (on Spartan Avenue across from bank of America), Forks WA (home of "Twilight" ... that's what the flyer says!). Hours Friday noon to 6, Saturday 10 to 6, Sunday noon to 4. Quilt classes and lecture by renowned quilting instructor Sue Bouchard, executive assistant to Eleanor Burns at Quilt in Day. More info: [www.piecemakersquiltclub.org](http://www.piecemakersquiltclub.org).

**August 20-22**, Ricky Tims' Super Quilt Seminars, The Ultimate Learning Experience for Quilters, featuring Alex Anderson and Libby Lehman. Sponsored by Bernina. Lynnwood Convention Center, Lynnwood WA. Seminar fee is \$219 for a single registration, 2-9 people is \$194 each, 10 or more is \$179 each. Evening presentation \$15, for nonseminar registrants only; tickets will be sold as long as space is available. **"The Music in My Quilts" Concert:** Ricky pieces together his talents as a pianist, composer, arranger, quilter, inspirational storyteller, and comedian to present an unforgettable, multi-media performance. The concert is enlightening for quilters and nonquilters alike, so invite your friends and family. Tickets are available at the door or in advance. Seating is limited. **Celebrity Quilts: A Retrospective:** An exhibition of more than 450 quilts will be on display during the seminar. These quilts offer insights in the growth of each of the presents. On display will be several award-winning masterpieces. **The RTQS Store:** A store will be set up at the seminar in order to provide registrants the opportunity to purchase items such as hand-dyed fabrics, seminar-related DVDs, books, patterns, and music CDs. The store will also carry specialty items featured in some of Ricky's innovative quilting techniques. For more information, send an email to [rtqs@rickytims.com](mailto:rtqs@rickytims.com).

## Urbana Woman Turns Car into Quilt of Nail Polish – Frederick, Maryland online newspaper article [http://www.gazette.net/stories/11272008/frednew141637\\_32488.shtml](http://www.gazette.net/stories/11272008/frednew141637_32488.shtml)

When Jill Bell noticed a dent on the hood of her car two winters ago, she thought it would be appropriate to paint a Band-Aid on the scrape. After the painted bandage survived the ice and snow of winter, Bell decided that she wanted to repaint her car entirely – in nail polish.

Over the next 13 months, from September 2007 to this past October, she completely covered her (1993 Saturn) car in a quilt-like pattern – as a quilter, she found the multi-pattern paint job fitting, she said.

Bell said she collected between 100 to 250 bottles of nail polish, but did not have an exact idea as she simply used bottles from anyone she could get it from.

"Lots of ladies in my church donated nail polish, and lots of ladies at Weight Watchers, too," she said. She said it would be nearly impossible for her to estimate the dollar value of all the bottles, as each brand cost a different amount – anywhere from under a dollar to \$5.



And what was the reaction to the unconventional paint job? Bell said that while children seem to flock to her car, many adults give her strange looks. "The only people who have said anything are the people that like it," Bell said.

## Don't Sit on That Quilt!

Hawaiian quilts differs from other forms of quilting found around the world. Once seen, the beautiful and intricately appliquéd designs of a Hawaiian quilt are not easily forgotten.

As a people with a long and rich tradition of textile production, Hawaiian women were introduced to quilting by the wives of missionaries during the mid-19th century. Textiles such as tapa (bark cloth) and woven lauhala palms had provided the native women with excellent clothing, bedding, and other items for hundreds of years. As the Western women shared their quilting methods, the Hawaiian women found some of the steps tedious and confusing. Why cut large sections of fabric into bits only to then sew the bits back together again? This seemed a waste of time and precious material.



Over time, the Hawaiian women adapted what they learned to create a style that reflected their unique perspective in what is now known as the "Hawaiian Quilt." The typical Hawaiian quilt includes these significant features: the use of a whole piece of cloth in one color for the background and a second piece of whole cloth in a contrasting color for the "snowflake" appliqué; an appliqué design inspired by nature or something of importance to the artist; a design that is radially symmetrical; and quilting lines that echo the appliqué shape.

A Hawaiian quilt begins with a paper pattern. Hawaiian tradition dictates that the design be original and not a copy, as an Hawaiian Quilt carries the spirit of its maker. The pattern is rendered as one-eighth of the overall design. The appliqué fabric is folded several times, and the paper pattern is pinned in place. The folded fabric is then cut to follow the pattern. (Remember those paper snowflakes you made as a child? Same process, only with fabric.) Once carefully unfolded, the appliqué motif is centered and pinned to the whole-cloth background, including the cut out scraps. Once all the pieces are in place, the scraps are removed to reveal the design. The appliqué is then basted and ready to be stitched in place.

Once the appliqué has been completed, the entire quilt is echo quilted to follow the appliqué design. Echo quilting symbolizes the undulating waves and tides that surround the Hawaiian Islands, as well as the grace and motion that appealed to the women's senses. The Hawaiians are a very spiritual people, and each quilt is thought to embody the spirit of the artist; by respecting the quilt, you also respect the person. Quilts take months and sometimes years to create, and so are valued and treated with the utmost care. One would never think to sit on a Hawaiian quilt displayed on a bed!

## What Can You Get from a Fat Quarter? – Mici Wiggins

99	2-inch squares	16	4.5-inch squares
56	2.5-inch squares	12	5-inch squares
42	3-inch squares	12	5.5-inch squares
30	3.5-inch squares	9	6-inch squares
20	4-inch squares	6	6-inch squares

(A fat quarter is a half-yard of fabric, cut in half, so you have an 18x22-inch piece of fabric.)

## **New Contest: Marie Osmond and Janome**

If you are interested in entering a contest, here is the perfect one for you. In this contest you can win a prize and help a charity at the same time.

Marie Osmond is known the world over as a singer, actress, author and philanthropist, as well as an avid quilter, a passion that was passed down to her from her mother. To celebrate Marie's love of quilting, Janome America Inc., Quilting Treasures, and Advantus have joined forces to create one of the most exciting quilting contests ever. With \$17,000 worth of prizes, including Janome sewing machines, Marie Osmond Quilting Treasures fabric, and storage and organizational products from Advantus, the contest is every quilter's dream.

"I am thrilled that Janome, Quilting Treasures, and Advantus have come together to create this amazing contest," said Marie Osmond. "With such fabulous prizes up for grabs, I can't wait to see the creativity and enthusiasm the contest is going to generate. And I'm so pleased that the winning quilts are going to benefit the Children's Miracle Network, a charity so near and dear to my heart."

"Using Marie Osmond Quilting Treasures fabric, the contest challenges quilters to create an original quilt and bring it to a participating Janome dealer by April 3, 2009. The Janome dealer will automatically enter the quilt into a drawing to win a Marie Osmond Quilter's Companion (MOQC) machine from Janome. One quilt from each dealer will then be selected for the national round, where Marie herself will pick the 10 quilts as finalists. On April 27, the 10 finalists' quilts will be posted on Marie's site, [www.marieosmond.com](http://www.marieosmond.com), for public voting. The winners will be announced on May 17. The 10 finalists' quilts will be auctioned on eBay Giving Works, all proceeds of which will be donated to Children's Miracle Network, the charity Marie cofounded. All other contestants have the option of donating their entry to their local Children's Miracle Network affiliated hospital as well.

The First Place winner of the contest will receive over \$9,000 worth of prizes including the new, revolutionary Janome Memory Craft 11000 Special Edition (MC11000 Special Edition). In addition, the winner will also receive a \$750 assortment of storage and organization products from Advantus, \$750 worth of assorted Marie Osmond Quilting Treasures fabric and product, as well as a Marie Osmond Baby Adora Belle Holiday porcelain doll with a coordinating quilted table runner. This comprehensive prize package will allow any quilting enthusiast the creative freedom to complete high-quality projects.

The Second Place winner will be awarded a prize package that includes the ideal tool for quilting, the new Janome Marie Osmond Quilter's Companion (MOQC) Sewing Machine. The second place winner will also receive an assortment of storage and organizational products from Advantus worth \$500, \$500 in assorted Marie Osmond Quilting Treasures fabric and product, and a Marie Osmond Adora Butterflies Belle doll for a total value of over \$2,400.

The Third Place winner will also receive a Janome MOQC, in addition to an assortment of storage and organizational products from Advantus worth \$250, \$250 of Marie Osmond Quilting Treasures fabric and product, as well as a Marie Osmond Friendship Rose Tiny Tot doll, for a total value of over \$1,800.

Each of the 10 finalists that are hand-selected by Marie will also receive a prize package worth \$400, consisting of a one-year subscription to *The Quilter*, Marie Osmond Cookbook, a sterling silver Marie Osmond charm bracelet, a \$100 Janome prize package, a \$100 Quilting Treasures prize package, a \$100 Advantus prize package and a personalized autographed photo of Marie.

Additional details regarding the contest, including the official entry form and a list of participating Janome dealers, can be found at [www.Janome.com](http://www.Janome.com).

## Community Outreach – Barb McClure

Community Outreach has come to a standstill – everyone who in the past that came to Community Sew Days must believe everyone else is still coming. Carol Berge has been very busy making quilt tops for us at her home. She delivers them to me and picks out more fabric to take home to work on – this is terrific! We need more of you to do the same. Just come over, pick out the fabric you want to make several tops. Feel free to also take fabric to make the back and binding. When you return it, it is now a kit that is ready to pass on to other Crazy Quilters to work on. Each Sew Day you can pick out more fabric for projects to take with you. Peggy Pierce has been able to drop in for a few hours in the afternoon each month after she does her errands and exercise earlier in the day. Even though Diane Kellar is so very busy with her girls and all their gymnastics and swimming meets (all over the country sometimes), she will literally zoom in and say: “I can only give you 1-1/2 hours.” And then it’s cut, cut, snip, snip and later says: “OK – I’m done.” And off she goes with an armful of quilt tops to piece, quilt and finish. She tells me she doesn’t know when they’ll be done. I tell her not to worry, no pressure and that we just appreciate what she does.

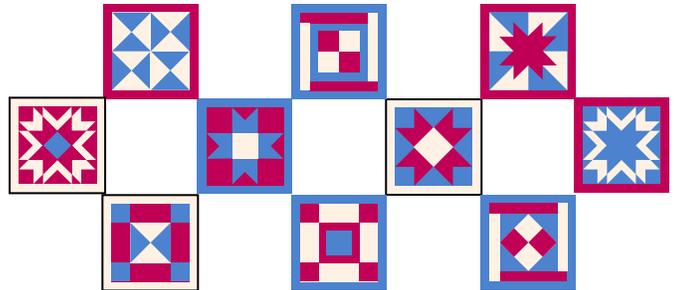
I appreciate everyone who works with Community service by accepting kits at the quilt meetings and returning them completed or ready for someone to finish them. We really need help making up these kits. Otherwise the projects will be at a standstill.

Remember the saying: “All work and no play makes Jack a dull boy.” Well, Crazy Quilters are really enjoying all of the fun we have created in our guild, which is great. And this attracts more quilters to join our group. Just remember the good we do for others less fortunate than us. Please volunteer. You are needed! In other words: “Too much play and not as much volunteer work makes Jack sad.”

## Community Outreach Block of the Month – Carol Berge, Co-Chair

Our club members were very supportive in 2008. Several members were outstanding last year in submitting numerous blocks in support of this program. I want to thank these members for their valuable service to the club and our community.

1	Pat Larson	submitted 84 blocks
2	Marianna Garrett	submitted 42 blocks
3	Nan Naubert	submitted 28 blocks
4	Chick Greenough	submitted 26 blocks
5	Zora Buckenberger	submitted 24 blocks
6	Jill Ellis	submitted 14 blocks
7	Barbara Lobdell	submitted 14 blocks
8	Laura Coy	submitted 13 blocks



There will not be a pattern in the newsletter for this month. I am hoping to get some block kits made up to be made available to the members to check out at the business meeting this month.

Thanks again for all your support!

## Treasurer's report, as of 1/15/09 – Sonya Parisi

Checking Account \$3312.08  
Savings Account \$2601.89



## 2008 Raffle Quilt

The winner of the 2008 Raffle Quilt was Judi Standley of Bothell. She was delighted to hear she was the winner. Linda mailed off the quilt and it will be keeping Judi warm throughout the rest of the winter! There were just over 1000 tickets sold, but I've lost the matrix of who sold what, so I don't know who sold the most. Thanks very much to all who sold tickets, bought tickets, and schlepped the quilt around. A big thanks to Mici Wiggins for making the raffle quilt.

## Nominations for Board Member and Committee Heads

Start thinking about how you'd like to serve your quilt guild this year. There are many positions and committees that could use some fresh blood. We have lots of new members who bring new and exciting ideas to our meetings . . . volunteering is good for the soul! New positions start May 1.

## June 2009 Auction

The June 11 program will be our every-other-year auction. Start gathering those textile-related items together, the ones you'll never finish, the ones you started and ended up hating, the ones you started and wonder why you started them. One woman's, "Ick, I hate this!" is another woman's, "Yay, just what I was looking for!"



When I went to the Multi-Service Center to deliver what we gathered at the Christmas guild meeting, the manager of the Federal Way Food Bank kept asking, "You still have MORE in that car? You must be a master packer." Of course, I had to give my husband the credit. There was just barely room for me and the envelope with \$241 for the Food Bank. They were extremely appreciative for the donations. Toys were to be taken to the Community Giving Tree right after I left.

**The manager of the Federal Way Food Bank and Linda Hill, Crazy Quilters Guild President, as Linda hands over all we collected at the Christmas Party. Thanks to everyone for contributing! Our contributions helped many people have a happier holiday.**

Reminder: Our newsletter and guild are only as good as our guild members' contributions to them!

Published by Crazy Quilters of Federal Way 11 times per year.  
Send material by email or call:  
Jill Ellis

# THREADS

The four-fold purpose of Crazy Quilters is to:

- ~ Promote the art of quilting and quilt making by workshops, lectures, and exhibitions offered to members and the general public;
- ~ Preserve the heritage of quilt making and quilt appreciation;
- ~ Provide an information base for those interested in quilt making and related arts, and encourage excellence in those areas; and
- ~ Provide a source of inspiration and fellowship for quilt enthusiasts.



**Threads**  
**Crazy Quilters of Federal Way**  
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**Federal Way, WA 98063**